

Discover Your True Passions in Life

By Barbara Ashcroft

*"There are two great days
in a person's life-
the day we are born
and the day we discover why."
Wm. Barclay*

Four out of five people are not passionate about what they are doing in life. Sometimes we get so caught up in our same old, same old, that we lose sight of what really matters to us, what motivates us and touches our soul. Busyness and daily routine take over and then we die. Life has a way of happening with or without your consent. There are no reruns. Most people, on their death beds, do not regret their mistakes, but their lost opportunities. The good news is that it doesn't matter what age you are. There is always time to get in touch with your passions...better late than never. If you ask yourself how many good years you think you might have to live on this planet, you get a sense of how important it is to make these years purposeful. Why would you waste one day spending your valuable time doing what is not feeding your soul? What truly gives you meaning? If today were your last day to live, what would not be fulfilled in you?

If you think that you can't identify your passions and gifts, think back to your early years. What were your hobbies and interests? What do others usually compliment you on? What talents do others recognize in you? What feedback does the universe give you? What are you doing when time seems to fly by? When do you feel light as a feather, content and at peace? The answers to these questions will tell you what is close to your heart. This, then, is what you need to go after.

Even if you aren't able to spend your whole day in your bliss, you must find time to nourish yourself with those things about which you are passionate. Your body cries out for it. In fact your body will rebel if you do not use your natural talents and gifts.

Stress, physical ailments and depression often set in when our authentic selves are buried for the sake of security.

If you are struggling to identify your true passions, **The Passion Test™** is an incredibly valuable tool for clarifying what's really important to you in your life. It provides you with a systematic way to identify those things that truly bring you joy. The test is very personal and will provide wonderful insights for any age. Begin to feel excited and motivated about your purpose. Greet each day with energy and enthusiasm. Get in touch with your true destiny.

Join a **Passion Test™ Seminar** . You will be amazed at how clear your life focus will become. When you discover your true passions, focus on your special gifts, and add your uniqueness to the lives of others, your life will be enriched.

*"When you are clear, what you want will show up in your life,
but, only to the extent you are clear."*

Janet Attwood

The Passion Test™ is a trademark of Enlightened Alliances created by Janet and Chris Attwood. Barb Ashcroft is a certified **Passion Test™** facilitator.